

# **FLOC 2003 Foster Parent Training Calendar**

## **FEBRUARY**

<b>Wed, Feb 12</b>	<b>6 PM – 8 PM</b>	A Look at the Foster/Adoptive Parent Association and Advocacy Center
<b>Tue, Feb 18</b>	<b>10 AM – 12 PM</b>	Just Say NO: Substance Abuse Prevention
<b>Sat, Feb 22</b>	<b>10 AM – 5 PM</b>	CHILDHOOD DISORDERS
	10 AM – 12 PM	--Feeling the Blues: Depression in Youth
	12 PM – 1 PM	--LUNCH
	1 PM – 3 PM	--When It's Hard to Concentrate: Anxiety and ADHD
	3 PM – 5 PM	--Mind-Altering Meds: Administration and Effects

## **MARCH**

<b>Sat, Mar 8</b>	<b>10 AM – 12 PM</b>	Crisis Prevention and Intervention
<b>Wed, Mar 12</b>	<b>6 PM – 8 PM</b>	Foster Parent Rights, Responsibilities, and Respecting Confidentiality
<b>Mon, Mar 17</b>	<b>10 AM – 12 PM</b>	Facilitating Artistic Expression in Your Child

## **APRIL**

<b>Wed, Apr 9</b>	<b>6 PM – 8 PM</b>	Teen Focus: Communicating with Your Adolescent
<b>Wed, Apr 16</b>	<b>10 AM – 12 PM</b>	Advocating for Special Education: Knowing Your Options
<b>Sat, Apr 26</b>	<b>9 AM – 5 PM</b>	Adult, Infant, and Child CPR and First Aid <b>[REQUIRED]</b>

## **MAY**

<b>Wed, May 7</b>	<b>6 PM – 9 PM</b>	How to Juggle Anger and Stress...And Teach It to Your Child
<b>Fri, May 16</b>	<b>10 AM – 12 PM</b>	How Foster Parents Can Use Art as a Coping Mechanism
<b>Sat, May 24</b>	<b>10 AM – 5 PM</b>	CHILD ABUSE
	10 AM – 11 AM	--Dealing with Physical Abuse and Neglect
	11 AM – 1 PM	--The Effects of Domestic Violence on Youth
	1 PM – 2 PM	--LUNCH
	2 PM – 5 PM	--Sexual Abuse: Victims and Offenders

## **JUNE**

<b>Wed, Jun 11</b>	<b>6 PM – 8 PM</b>	The Effects of Foster Care on Identity and Attachment
<b>Mon, Jun 16</b>	<b>10 AM – 12 PM</b>	Understanding the DC Court System
<b>Sat, Jun 28</b>	<b>10 AM – 1 PM</b>	Universal Precautions <b>[REQUIRED]</b>

## **JULY**

<b>Wed, Jul 16</b>	<b>10 AM – 12 PM</b>	Summer Picnic: Resourceful Recreational Programs for Children of All Needs
<b>Wed, Jul 23</b>	<b>6 PM – 8 PM</b>	Fathers and Daughters: Learn About Hair Care, Dolls, Books, and Clothing
<b>Sat, Jul 26</b>	<b>9 AM – 5 PM</b>	Adult, Infant, and Child CPR and First Aid <b>[REQUIRED]</b>

## **AUGUST**

<b>Sat, Aug 9</b>	<b>10 AM – 5 PM</b> 10 AM – 12 PM 12 PM – 1 PM 1 PM – 3 PM 3 PM – 5 PM	DISRUPTIVE BEHAVIOR --When Is It Safe to Go to School: Peer and School Violence --LUNCH --Juvenile Delinquency --Defying Authority: Oppositional Behavior
<b>Fri, Aug 15</b>	<b>10 AM – 12 PM</b>	Connecting with Your School: Preventing School Adjustment Problems
<b>Wed, Aug 20</b>	<b>6 PM – 8 PM</b>	Teen Focus: The Truth About Gangs

## **SEPTEMBER**

<b>Wed, Sep 10</b>	<b>6 PM – 9 PM</b>	Family Group Conferencing: Making It Work <b>[REQUIRED]</b>
<b>Tue, Sep 16</b>	<b>10 AM – 1 PM</b>	"Making a Play: A Day in the Life of a Foster Home
<b>Sat, Sep 20 &amp; Sun, Sep 21</b>	<b>8:30 AM (Sat) – 2 PM (Sun)</b>	Foster Family Retreat

## **OCTOBER**

<b>Sat, Oct 4 &amp; Sun, Oct 5</b>	<b>8:30 AM (Sat) – 2 PM (Sun)</b>	Foster Family Retreat
<b>Thu, Oct 16</b>	<b>10 AM – 1 PM</b>	When a Child Becomes a Danger: Dealing with Self-Mutilation, Suicide, and Aggression
<b>Sat, Oct 25</b>	<b>9 AM – 5 PM</b>	Adult, Infant, and Child CPR and First Aid <b>[REQUIRED]</b>

## **NOVEMBER**

<b>Sat, Nov 8</b>	<b>10 AM – 5 PM</b> 10 AM – 12 PM 12 PM – 1 PM 1 PM – 3 PM 3 PM – 5 PM	FOSTER HOME MANAGEMENT --Child Safety: What You Need to Know --LUNCH --Time Management in a Foster Home --Behavior Support Coaching
<b>Wed, Nov 12</b>	<b>6 PM – 9 PM</b>	Helping a Child Grow: Child Development and Communication
<b>Mon, Nov 17</b>	<b>10 AM – 1 PM</b>	Survivors of the System: From the Eyes of Former Foster Children and Birth Parents

## **DECEMBER**

<b>Wed, Dec 3</b>	<b>6 PM – 8 PM</b>	Learning to Love and Let Go
<b>Sat, Dec 13</b>	<b>10 AM – 12 PM</b>	Teen Focus: Sexuality and STDs
<b>Tue, Dec 16</b>	<b>12 PM – 2 PM</b>	Holiday Potluck: Breaking Cultural Barriers